## Buffalo Soccer Club

# Buffalo Soccer Club Coaches' Information 

## Soccer Contacts:

- President, Leann Scotting: 682-2740
- Vice President, Duane Bordak: 682-4147
- Referee Coordinator, Glen Raisanen: 763-245-7707
- Facilities Coordinator, Pam Lee: 763-464-2565
- Registration Coordinator, Julia Lund: 320-963-8526

Thank you for volunteering to coach! We truly value your assistance! If we can help in any way, please don't hesitate to contact us!

## Please help us by sharing all information with your players' parents. We rely on you to help communicate with players and parents. Thank you!

## Coaching:

- Coaches need to work together! Remember that all coaches are volunteers.
- Coaches need to contact all players for their assigned team(s). Please do this as soon as possible. If you have a number on your roster that is incorrect, please notify BSC by calling one of the above soccer contacts.
- Do not allow players to switch from their assigned team.
o Teams do not have any extra shirts.
o Parents will attempt to switch player's teams in an attempt to create a better team.
o This becomes an issue as the age groups get older.
- Coaches represent the league.
o Coaches will always conduct themselves and their team in a sportsmanlike manner.


## Coaching Clinics:

(see insert)

## Players' Clinics:

(see insert)

## MN Thunder Player Clinics:

- $4^{\text {th }}$ Annual Minnesota Thunder Player Clinics will be offered at Bentfield Mills Park from June $9^{\text {th }}$ through June $13^{\text {th }}$. Full and half day clinics are available. Registration can be made directly through the MN Thunder. Once details are available links will be included on our Buffalo Soccer Club website.


## Games / Schedules:

See game sheet and schedule in this packet.

## Fields:

- Games are played at Bentfield Mills Park located at the corner of CR 134 (Calder Rd) and CR 34. See map enclosed. The U14, U10 and U8 fields are located on the North end of the
park. The U6 fields are located at the south end of the park, closest to the Civic Center and the little league baseball fields.
- Each field will be lined with a spectator line painted outside the field. Spectators must sit behind the painted line. For U8 and U10, spectators are also asked to sit on the outer sides of the field. Teams and coaches will sit in between the two fields. For U14 spectators will sit on the south side of the field in the bleachers or behind the painted line. U6 parents may sit on either side of the field.
- Coaches please work with parents and keep children from hanging on the nets and goals. Hanging on the nets and goals can be very dangerous for your children and can damage the soccer equipment.


## I njuries:

- Any player, who is removed from the game due to an injury, may not return to that game without parental consent. Any player who is bleeding from an open wound must be removed and may not return until the bleeding has stopped.
- If there is any question as to the nature of an injury, call for emergency assistance. Do not move any player complaining of neck or back injury.
- All coaches use best judgment when referring to an injury.
- First Aid kits will be in lock boxes located at each bank of fields. Coaches and Referees will have the combination for the lock. It is suggested that coaches bring ice and baggies to each practice and game.


## Weather / Game Cancellations:

- If the game is started and a light rain begins, most teams do attempt to finish the game. Passing Thunderstorms may only affect one game in the evening. Use your best judgment as a parent and a coach as to when to call a game.
- Weather Conditions and their affect on games / players o Heat:
- Heat Index: If the heat index is above 92 degrees all Buffalo Soccer Club games will be canceled! This determination will be made a Buffalo Soccer Club representative and our web site and sports line will be updated with this information at 5:00 pm. Buffalo Soccer Club website is: http://buffalosoccerclub.tripod.com. Youth Sports Line number is 763-682-8039.
o Other weather conditions:
- If lightning is present, games need to be canceled. Games may not resume until half an hour after last sighting of lightning. As Buffalo Soccer Club board members may not be in Buffalo at the time of the storm, referees and coaches must comply with this rule and make the decision to cancel games in case of lightning. Only Referees and Coaches can make this determination.
- When the temperature/humidity rises to uncomfortable ensure the following:
- Teams will take extra breaks (i.e. - every ten minutes)
- Teams will shorten playing times
- Remind players to bring water to games


## Game Cancellation / Reschedules

- If games are canceled by the club, a notice will be placed on the Youth Sports Line @ 763-682-8039 and our website announcements page will be updated at http://buffalosoccerclub.tripod.com.
- U8/U10/U14: If you cancel/reschedule FOR ANY REASON you must also contact the referee coordinator (Referee Coordinator: Glen 763-245-7707).
- Be sure to contact the coach of the opposing team if there is any question about playing a game in questionable weather.
- Please be sure to set up a communication process with your players for canceled games.

Coaches must also arrange to let players/parents know if you cancel/reschedule a game for any reason.

## Make Up Games

- Make Up games are at coaches discretion
- U6, U8, U10
o Monday: 6:15 / 6:20 / 6:30 - Saturday: 9:00 am
o Monday: 7:30/7:45-
o Saturday: 10:15 am
o Tuesday: 6:15 / 6:20 / 6:30 - Saturday: 11:30 am
o Tuesday: 7:30 / 7:45-
o Saturday: 12:45 pm
o Tuesday: 8:40-
o Saturday: 1:45 pm
- U14
o Monday: 6:15-Saturday: 9:00 am
o Monday: 7:30-Saturday: 10:15 am
o Monday: 8:45-Saturday: 11:30 am
o Tuesday: 6:15-Saturday: 12:45 pm
o Tuesday 7:30 - Saturday: $2: 00 \mathrm{pm}$
o Tuesday: 8:45-Saturday: $3: 15 \mathrm{pm}$


## Referees:

- U6 Games: Coaches will referee the games.
- U8: Referees will be assigned to all games.
o One parent from each team can be assigned to work the sidelines (flags) during that game. Flags will be provided by the referee.
o One coach per team is allowed on his/her team's defensive half of the field until after the July $4^{\text {th }}$ break. Then coaches must coach from the sideline only.
o Scores will be reported in a Game Report by the referee. Coaches need to sign the Game Report at the end of the game.
- U10: Referees will be assigned to all games.
o One parent from each team can be assigned to work the sidelines (flags) during that game. Flags will be provided by the referee.
o Coaches must coach from the sideline only.
o Referees will be using yellow and red cards.
o Scores will be reported in a Game Report by the referee. Coaches need to sign the Game Report at the end of the game.
- U14: Referees and Assistant Referees will be assigned to all games.
o Coaches must coach from the sideline only.
o Referees will be using yellow and red cards.
o Scores will be reported in a Game Report by the referee. Coaches need to sign the Game Report at the end of the game.


## Pictures:

## Picture Day

- Picture dates will be scheduled in June. As our photographers have 1000 children to get through the system, please note that this can be a very hectic night. Your cooperation, patience and guidance would be greatly appreciated. Your team's specific schedule will be distributed with the jerseys. Please have your parents and players arrive at least 15 minutes prior to scheduled time. Please be sure to be on time for your scheduled photos and complete your picture form before arriving to the field. Late players may not be included in the team picture. Pictures are scheduled at Bentfield Mills Field, with the Civic Center as a rain backup. (If the whether is questionable, the pictures will be taken at the Civic Center.) U6 Pictures will be taken by the U6 fields. U8, U10 and U14 pictures will be at the main fields behind the U8 fields. You will have the opportunity to order individual, team and even buddy photos.


## Tournament:

- The annual tournament for U8, U10 and U14 ages will be July $31^{\text {st }}$, August $1^{\text {st }}$. August $2^{\text {nd }}$ and August $3^{\text {rd }}$. Schedule subject to change due to inclement weather. Please be sure to reserve those dates and notify your parents. Tournament seating is determined by league standing. Players and families alike really look forward to this fun weekend of play! (There is no tournament for U6.)


## Coaches / Teams:

- Coaches Shirts: Will be distributed with players' shirts.
- Home team is responsible for providing the game ball for all scheduled games.


## Snacks after Games:

- It has been customary that players bring drinks and snacks for each game. Coaches may make the schedule for the parents or coaches may ask a parent to do this for them. It is recommended that you have the parent responsible for the drinks bring ice and plastic baggies in case of injury.


## Soccer Terms:

## Play Terms:

- Direct Kick: Basic description - the ball may be kicked directly into the goal.
- Indirect Kick: Basic description - the ball must touch another player before the ball can enter the goal.
- Hand Ball: During the play of the game, the ball touches a player's arm/hand (from the shoulder to the finger tip) when the arm is extended from the body, and such a touch affects the play of the game. Hand ball may be intentional or non-intentional touches. *In the spirit of play, hand ball may / may not be called.
- House Rules for Non Hand Ball: Any player protecting their face head shall not be called for Hand ball.
- Throw-In: To place the ball in play only when the ball passes out of the field of play on the Sideline.
- Corner Kick: To place the ball in play only when the ball passes out of the field of play on the Goal line and the last player to touch the ball was a defensive player.
- Goal Kick: To place the ball in play only when the ball passes out of the field of play on the Goal line and the last player to touch the ball was an offensive player. The ball must pass beyond the penalty area before the ball is in play.
- Penalty Kick: Occurs when there is a Hand ball by a Defensive player inside the Penalty Area. The ball is placed on the Penalty spot for a direct kick. (U6 ages will not use a penalty kick.)
- Goalie: Is the only player on the field who may use their hands on the ball. The goalie may only handle the ball inside the Penalty area. Outside the penalty area, the goalie may not play the ball with their hands (see Hand Ball).
- Fouls and Misconduct:
- No slide tackles.
- Players must remain on their feet.
- Slide Tackles shall be treated as a hand ball foul.
- Players on the ground playing the ball shall be treated as a hand ball foul.


## - Player Misconduct

- Any player removed from a game for misconduct shall not play the duration of the half, or the rest of the game.
- Offside: The basic rule of thumb is: There must be at least TWO defenders* between the forward most attacking player and the defender's goal. This is only when there is an attacking player in front of the ball. An attacking player with the ball can never be offside.
- There is no offside on a Throw-in or a Corner-Kick*


## Play of the Game

- Start of the Game:
- Kick off:
- Player Position(s):
- Forwards: Players who attack the defending goal.
- Midfielders: Players who also attack the defending goal, and assist the defenders, and pas/move the ball to the forwards.
- Defenders: Players who protect the goal (prevent the offense from scoring).
- Goalkeeper: Player who protects the goal.
- Goalies now have 6 seconds or 6 steps to release the ball.
- AII players should play each position for at least one half of the game
during the course of the season. during the course of the season.


## - Concepts:

- Soccer is a game of keep away, and score. Meaning keep the ball away from your opponent, and given the opportunity, score a goal.
- Like Basketball or Hockey, Soccer players will/should develop the ability to spread out and pass the ball to an "open player."
- Spread out and cover the field:
- Unlike Basketball or Hockey, Soccer players will/should develop a sense of "Area" and not "Player" coverage.
- Never fight your teammate for the ball, or steal the ball from your teammate.
- Defensive movement towards the ball.
- U8 "No Mans" land.
- Player Substitution
- Teams may substitute players when your team controls the ball. If team in control of ball substitutes - opposing team may substitute
- Substitutions may be made:
- Own Throw-In
- Goal Kick
- Kick Off
- Injury Time Out
- Half Time
- Games with Referees
- Coaches shall address the referee "Sub Sir" or "Sub Mam"
- Coaches shall wait for the referee to hold the game for substitutions


## - Coaches / Teams:

- Coaches Conduct:
- All Teams must have the minimum number of players to play. If a team has less than the minimum number of players, that team will surrender the game and the opposing team will lend players to even players and an exhibition game will be played. If the team has the minimum number of players, but less than the other team, the game may be played. The opposing team would play down to a one player advantage. No team may play with more than one player more than the other team on the field at any time.
- Teams / Coaches shall not run up the score
- Any Team leading by 5 goals shall make reasonable accommodations to not run up the score. This could be done by moving players around so that the more aggressive players play in a defensive position and moving less aggressive players up front.
- Duration of Play
- U6: 4-10 minute periods
- U8: 2-20 minute halves
- U10: 2-25 minutes halves
- U14: 2-30 minute halves
- Number of Players
- Regular Play
- U14: 11 players
- U10: 10 players
- U8: 10 players
- U6: 4 or 5 (mutually determined by the opposing coaches)
- Minimum number of players
- U14: 9 players
- U10: 8 players
- U8: 8 players
- U6: No minimum
- For U6, if you do not have enough players to break off into 2 teams of 4 or 5 players each, you may play less players or play with only one team (on one of the fields). Please discuss options with the opposing coach to make sure decision is mutually agreeable.
- All Teams must have the minimum number of players for an official game. If a team has less than the minimum number of players at the start of the game, that team will surrender the game and the opposing team will lend players to even players and an exhibition game will be played. If the team has the minimum number of players at the start of the game, but less than the other team, the game may be played. The opposing team would play down to a one player advantage. No team may play with more than one player more than the other team on the field at any time. If both teams have less than the minimum number of players at the start of the game, then both teams surrender the game and an exhibition game is played. Teams are allowed a 5 minute grace period to allow time for players to arrive. Once the 5 minute grace period has expired, the game will resume and the above rules will be followed.
- Any game called due to weather after half time off will be considered a completed game.
- Tournament seating will be determined by a point system. 2 points for each win, 1 point for every tie and 0 points for every loss. Tie breaker will be determined by head-to-head competition.


## Field Terms:

1. Goal Line / End Line
2. Sideline / Touchline
3. Center Circle
4. Center Spot
5. Goal Area
6. Corner Area
7. Corner Area
8. Penalty Area
9. Penalty Arc
10. Penalty Spot


